



AMPLEFORTH
ABBEY

Guided Retreat Calendar 2024

If you are interested in any of the below retreats or would simply like to know more, please visit ampleforthabbey.org.uk or scan the QR code:



January

Mon 29th - Weds 31st
'Youngsters in Faith'
Fr Bede Leach

February

Fri 9th - Sun 11th
'Looking for a New
Way to Live: the Journey
into Lent'
Abbot Robert Igo

Mon 19th - Weds 21st
'Spirituality of the
Present Moment'
Fr Kieran Monahan

March

Mon 4th - Weds 6th
'The Gospel of John'
Fr Henry Wansbrough

Thurs 28th - Sun 31st
'Easter Triduum 2024'

April

Mon 8th - Fri 12th
'Beach Prayer Walks'
Fr Bede Leach

May

Fri 3rd - Mon 6th
'Where the Saints have
Trode I'
Fr Chad Boulton

Tues 7th - Fri 10th
'Tai Chi and Christian
Meditation'
Fr Christopher Gorst
and Terry Doyle

Mon 13th - Thurs 16th
'Finding Sheep and
Trimming Lamps'
Anji Dowson

June

Fri 14th - Mon 17th
'Individually Guided Retreat'
Abbot Robert Igo & Fr Kieran
Monahan

Fri 21st - Sun 23rd
'Tai Chi and Christian Meditation'
Fr Christopher Gorst & Terry Doyle

July

Weds 3rd - Mon 8th
'Monastic Experience
Retreat'

Fri 19th - Sun 21st
'Choose Life - the Rule
of St Benedict for Today'
Fr Kieran Monahan

August

In August the monastic
community are on their own
annual retreat at the Abbey.

September

Mon 16th - Fri 20th
'Monastic Experience
Retreat Young People'

Fri 27th - Sun 29th
'The Psalms'
Fr Henry Wansbrough

October

Mon 7th - Thurs 10th
'Individually Guided
Retreat'
Abbot Robert Igo & Fr
Kieran Monahan

Mon 14th - Thurs 17th
'Where the Saints
have Trode II'
Fr Chad Boulton

Fri 11th - Sun 13th
'Tai Chi and Christian
Meditation'
Fr Christopher Gorst
& Terry Doyle

Mon 21st - Weds 23rd
'Waiting for God - the
Art of Patience'
Fr Kieran Monahan

November & December

Fri 1st - Sun 3rd Nov
'Christian Meditation:
Silent Retreat'
Fr Christopher Gorst &
Terry Doyle

Fri 8th - Sun 10th Nov
'Lectio Retreat'
Fr Bede Leach

Fri 15th - Weds 20th Nov
'Monastic Experience Retreat'

Fri 22nd - Sun 24th Nov
'Art and Spirituality'
Fr Bede Leach

Fri 29th Nov - Sun 1st Dec
'The Six Keys to freedom -
Living in Advent Hope'
Abbot Robert Igo

For pricing and more
information, please visit
ampleforthabbey.org.uk



We also take group bookings throughout the year and welcome a variety of groups on retreat at the Abbey. We can personalise your stay to the needs of your group, or you are welcome to come on your own personal retreat.